Psychiatric-Mental Health Nursing

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ROLE DELINEATION STUDY EXECUTIVE SUMMARY

The American Nurses Credentialing Center (ANCC) performed a role delineation study (RDS) for the Psychiatric-Mental Health Nursing examination in 2023. An RDS (sometimes referred to as a job analysis, practice analysis, or work analysis) is a scientific inquiry conducted to identify the tasks and work activities performed, the context in which those activities are carried out, and the competencies (knowledge areas, skills, and abilities) required to perform a job role successfully. The RDS results become the basis of a variety of human resource management initiatives. For certification, the results are used to create a validated assessment of required job competencies. This report introduces the methods and results of the RDS for the Psychiatric-Mental Health Nursing certification examination.

Methods

ANCC assembled 12 clinicians certified in Psychiatric-Mental Health Nursing to serve on the content expert panel (CEP). The panel members feature a wide variety of work-related characteristics, such as years of experience, work setting, geographical location, and areas of expertise. This diversity helps develop a scope of practice reflective of the roles and responsibilities of the job and relatively free from bias.

The RDS process used in this study yields examination specifications that accurately reflect the scope of practice, allowing for the development of fair, accurate, and realistic assessments of candidates' readiness for certification. The process comprises three major activities, including:

1. **Content Expert Panel (CEP) Meeting** – A gathering of subject matter experts to discuss and develop a description of the scope of practice in terms of tasks, skills, and knowledge.

2. **RDS Survey** – A large-scale survey administer to a large population of nurses in the field that were not involved with the panel to validate the tasks, skills, and knowledge developed by the panel.

3. **Development of Examination Specifications** – The development of the examination specifications by the panel based on the survey results.

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On March 13-14, 2023, ANCC conducted a two-day in-person meeting with the CEP. The CEP discussed the scope of practice, developed a list of tasks, skills, and knowledge statements that reflect the job role, organized the statements into a domain and subdomain structure, reviewed rating scales to be used on the subsequent survey, and developed demographic questions for the survey. The current ANCC Psychiatric-Mental Health Nursing Test Content Outline, Nursing Scope and Standards of Practice, Psychiatric-Mental Health Nursing Scope and Standards of Practice, and the Guide to the Code of Ethics for Nurses with Interpretive Statements, were used as resources when developing the tasks, skills, and knowledge statements.

The RDS survey included the task, skill, and knowledge statements, as well as demographic questions developed by the CEP. ANCC created, administered, monitored, and analyzed the survey. Respondents provided ratings on the importance and frequency of each task and the importance of each skill and knowledge statement.

A pilot of the survey, conducted between March 24 and April 2, 2023, included ANCC-certified Psychiatric-Mental Health Nurses who reviewed the survey for functionality and clarity. Based on the feedback received, no modifications were made to the survey.

The live survey was administered between April 6 and June 4, 2023. The invitation was sent using online survey software to 2,000 individuals. All invitees were active ANCC-certified Psychiatric-Mental Health Nurses, selected using the stratified random sampling procedure based on region. Out of the 491 email invitations that were opened, 364 individuals (74%) at least partially completed the live survey.

Examination specifications were developed during a one-day, virtual meeting on July 12, 2023. The CEP reviewed the survey results, finalized the tasks, skills, and knowledge that would comprise the next TCO, finalized the item allocations for the examination, and finalized the linkage analysis. Item allocations were determined through content weighting (i.e., using the mean importance ratings of the skill and knowledge statements) and CEP discussion of the results. For the linkage activity, the CEP identified links between the tasks and knowledge/skill statements to ensure that each task was covered by at least one relevant skill or knowledge area and that each skill and knowledge area had at least one associated relevant task. Linkages provide evidence that the knowledge and skills are applicable to the job.

Results

The resultant examination specifications include 12 knowledge areas and 11 skills across the following four competency areas (content domain level):

1. Assessment and Diagnosis
2. Planning
3. Implementation
4. Evaluation

The mission of the American Nurses Credentialing Center (ANCC), a subsidiary of the American Nurses Association (ANA), is to promote excellence in nursing and health care globally through credentialing programs. ANCC's internationally renowned credentialing programs certify and recognize individual nurses in various practice areas. It recognizes health care organizations that promote nursing excellence and quality patient outcomes, while providing safe, positive work environments. In addition, ANCC accredits health care organizations that provide and approve continuing nursing education. It also offers educational materials to support nurses and organizations as they work toward their credentials.

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