



2009

Lives Impacting Lives

2009 ANF Annual Report





Mission Statement

ANF is the charitable and philanthropic arm of ANA, supporting ANA and its work to promote the welfare and well being of nurses, and advance the nursing profession, thereby enhancing the health of the public.

ON COVER

Top left: Vicki Hines-Martin, PhD, RN, FAAN, ANF Scholar, ANF NRRC member with student; Julie Fairman, PhD, RN, FAAN, 2009 ANF/ANA/AAN IOM Scholar-in-Residence

Bottom left: Jaclene Zauszniewski, PhD, RN-BC, FAAN, ANF Scholar, ANF NRRC member

Center top: Margretta Madden Styles, PhD, RN, FAAN

Center bottom: Graham J. McDougall, Jr., PhD, APRN-BC, FAAN, ANF Scholar, ANF NRRC member

Right: Elaine Larson, PhD, RN, FAAN, CIC, ANF Scholar with Manuel Cortazal



Dear Friends,

Be a Life that Impacts Lives!

The work of the American Nurses Foundation (ANF) is the work of nursing and the nurses who impact lives daily. As the 501(c)3 charitable arm of the American Nurses Association (ANA), ANF supports the work of nurses through initiatives such as the ANF Nursing Research Grants (NRG) Program, the ANF Nurses Disaster Fund, and the programmatic work of ANA.

Since 1955, ANF has provided nearly \$4 million in research grants to 1,000 nurse researchers who ultimately enhance health care environments and patient care. Many of these nurse researchers receive their initial funding through the ANF nursing research grants, then continue to impact lives through their research results. Elaine Larson, PhD, RN, CIC, FAAN, whose research has resulted in the control of disease that is spread by poor hand hygiene is a great example of an ANF Scholar who has impacted many lives. Her research on hand hygiene began 30 years ago and continues to play a role in public health, as reflected in the Center for Disease Control's (CDC) *Hand Hygiene Guidelines*. Today, she reminds us that the act of washing hands provides significant protection against the spread of disease. Studies have shown that the practice of good hand hygiene has lowered the rate of gastrointestinal illness by almost one-third. Larson continues her research on hand hygiene because, as a nurse researcher, she is improving the health of the public by promoting good hand washing procedures that reduce the spread of disease.

The work of Ann Rogers, PhD, RN, FAAN, is another example of ANF's impact in the lives of hospital patients and their families. Her research provides the foundation for the recommendation that nurses not work more than 60 hours a week or 12 hours a day, resulting in better patient care. Rogers joins the realm of many other ANF Scholars who have continued the essential research that positively impacts lives by changing health care practice and policy. Because the original funding that she received from ANF has led to increased funding, today she is able to conduct multi-site studies that will influence policies about nurse work hours. This research is just one of many examples of the connections between ANF and ANA programmatic work that improves patient safety practice. Donations to ANF have made possible the development of solutions to insufficient nurse staffing, a problem that is linked with poorer patient outcomes, lengthened hospital stays, and increased chance of patient death.

ANF's support of ANA's work is also reflected in the area of environmental health. Over the last five years, through the Beldon Fund, ANA has advanced chemical policy reform with education components and initiatives across the country, and has been a leader in increasing the critical involvement of nurses in this issue.

In 2009, the ANF board of trustees established the ANF Nurses Disaster Fund, which is supported by your donations. The community spirit that prevails when devastation caused by disasters, such as that experienced in the aftermath of hurricanes Katrina and Rita, is an inspiration. And, the nurses we see in service aiding those in need are an inspiration. This important fund impacts nurses who are victims of disasters and was created "for nurses to take care of their own," such as those in the three states affected by Hurricane Katrina: Mississippi, Louisiana, and Alabama. In fact, Mississippi used disaster funds to pay for the licensure renewals of over 1,700 nurses, and to provide mental health workshops for nurses that are still held today, as incidences of post traumatic stress disorder continue to rise in the region.

We are grateful to our donors for who have provided ANF with the opportunity to positively impact lives by improving the health of the public and advancing the nursing profession! We thank you for helping us to impact so many lives, and ask everyone to begin or expand your financial support to the vital work of ANF today.

Two handwritten signatures in blue ink. The signature on the left is Margarete L. Zalon and the signature on the right is Marla J. Weston.

Margarete L. Zalon,
PhD, RN, ACNS-BC
Chair

Marla J. Weston,
PhD, RN
Chief Executive Officer

Your Impact on Lives

Donations@Work

Contributions made to ANF impact lives daily through the research and results of the ANF Scholars and through grant partnerships.



KATE LORIG

KATE LORIG, RN, DRPH, ANF SCHOLAR

“The ANF Grant all those many years ago was my very first independent research grant, and while the dollar amount was not great, its significance was gigantic. It gave me the confidence that maybe I really could be a researcher and at the same time demonstrated to Stanford that maybe someday, I could become an independent and self-sufficient investigator.”

Lorig is professor emeritus at the Stanford University School of Nursing. For the past 30 years she has worked at developing, evaluating, and translating into practice self-management programs for people with arthritis, chronic disease, diabetes, and HIV/AIDs. Her funding has come from diverse sources, including NIH, ARHQ, the Robert Wood Johnson Foundation, The California Health Foundation, and the Arthritis Foundation.

Her studies have included both small group and Internet based interventions. The Stanford self-management programs have been used by 20 countries around the world and are currently used in almost all parts of the United States.

Lorig’s current research includes studies of Internet-based workshops for Cancer Survivors (Cancer Thriving and Surviving) and Caregivers (Building Better Caregivers). Information about the programs as well as study instruments can be found at <http://patienteducation.stanford.edu>



JACLENE ZAUSZNIIEWSKI

JACLENE ZAUSZNIIEWSKI, PhD, RN-BC, FAAN

“Receiving the Virginia Trotter Betts ANF Scholar award was truly an honor. The grant funding afforded me the opportunity to replicate my dissertation study of resourcefulness and mental health promotion in depressed inpatients in a matched sample of depressed outpatients, thereby facilitating further model testing, instrument refinement, and intervention development. Taken together, the two studies provided a solid foundation for my program of research on resourcefulness and quality of life, which has continued to thrive for nearly two decades.”

Zauszniewski is the Kate Hanna Harvey professor of Community Health Nursing and associate dean for Doctoral Education at Bolton School of Nursing, Case Western Reserve University, in Cleveland, where she received her doctoate in 1992. With 35 years of nursing experience, including 26 years in the field of psychiatric-mental health nursing, Zauszniewski has served in various capacities that include staff nurse, clinical preceptor, head nurse, supervisor, patient care coordinator, researcher/scientist, professor, and associate dean. She is known for her pioneering research on “personal and social resourcefulness,” a collection of self-help and help-seeking skills for coping with adversity, which her studies have identified as important for managing stress, depression, and chronic illness symptoms. She is currently funded by the National Institutes of Health, National Institute of Nursing Research for studies that are examining different methods for helping grandmothers who are raising their grandchildren and women caregivers of elders with dementia to manage everyday stress and remain as healthy as possible. Over the past 18 years, she has presented her research at numerous local, regional, national, and international nursing conferences. She currently has over 100 publications in refereed journals or books, and has presented over 200 papers and posters at regional, national, and international research conferences. She has obtained both intramural and extramural funding for her research and has been recognized for her scholarly work with numerous prestigious research awards.

Your Impact on Lives

ANF Nursing Research Grants Funder Highlight

NURSES CHARITABLE TRUST OF GREATER MIAMI

The Nurses Charitable Trust of Greater Miami (NCT) has provided support for ANF since 1981. It has its roots in Florida and grew to be an important source of funds for research and scholarship under the leadership of long-time Florida Nurses Association (FNA) member and former FNA President Undine Sams, RN, a 2000 ANA Hall of Fame inductee.

NCT focuses its national support on the development of nursing science through the ANF Nursing Research Grants Program. From 2001 to 2005, NCT donated funds for a named ANF grant ranging from \$5,000 to \$10,000 in honor of Sam's induction into the ANA Hall of Fame. From 2006 to 2009, NCT dedicated an ANF grant in honor of Eleanor Bindrim, the last of the founding NCT trustees and one of the first nurses to belong to Association of periOperative Registered Nurses (AORN).

NCT was born in 1978, when land owned by Florida Nurses Association, District V was sold and the \$350,000 proceeds were placed into a new trust called the FNA, District V Charitable Trust. Sams served as its first president, and in 1980 six other nurses were named by the District V members to serve as charter trustees alongside Sams: Eleanor Bindrim, RN, Edna L. Hicks, BSN, RN, Charlotte Liddell, RN, Maureen Finney, BS, RN, Judith Hallerberg, RN, Christine Mitchell, RN.

Adhering to the trust's declaration rules, the District V trustees subsequently established the Florida Nurses Foundation with the Freda Norton Research Grant, secured financial investments, distributed funds, and projected a philanthropic and ethical decision making image to the nursing community at the local, regional, state, and national levels.

The trust was a leading contributor to the "Nursing on the Move Campaign," which raised more than \$1 million and in 1992 culminated in ANA's move to Washington, DC. In appreciation for its generous financial support, the ANA dedicated its Washington, DC boardroom to the FNA, District V Charitable Trust and immortalized the trustees' names on a plaque outside the room.

The trust formally changed its name to NCT in 2009. NCT's current trustees and officers are Chair Patricia R. Messmer, PhD, RN-BC, FAAN; Vice Chair Sande Gracia Jones, PhD, ARNP, CS, ACRN, FAAN; Treasurer Charlotte Dison, MSN, RN, NEA-BC; Secretary Ann Marie Clyatt, BSN, RN; Barbara Russell, MPH, RN, BSHSA, CIC; JoAnn Gottlieb, PhD, ARNP-BC. Nina Brookins, RN, is trustee emeritus.

NCT's unstinting generosity has supported a wide range of research projects that include the following:

- **2001:** Janice Penrod, Pennsylvania State University, *Processes of minimizing the disabling effects of osteoporosis.*
- **2002:** Roxie Foster, University of Colorado Health Center, *Piloting an attending nurses caring model with children in pain.*
- **2003:** Patricia Pearce, University of North Carolina at Chapel Hill, *Designing with children, for children: physical activity recall.*
- **2003:** Mary Sue Gorski, Loyola University, *Quality of care in nursing homes: The relationship between state level health care policies and selected quality measures.*
- **2004:** Robin Knobel, University of North Carolina at Chapel Hill, *Physiological effects of thermoregulation in transitional ELBW infants.*
- **2005:** Angela Chia-Chen Chen, Arizona State University, *Understanding Chinese immigrant youth: Depressive symptoms and risky behavior.*
- **2006:** Debra Wiegand, University of Maryland, *Withdrawal of life sustaining therapy after life-threatening exacerbation of a chronic illness: The family experience.*
- **2008:** Anna Gawlinski, University of California, Los Angeles, *Comparison of high frequency chest wall oscillation versus chest physiotherapy on patients' pain, dyspnea, and preference while maintaining lung function among post-lung transplant patient.*
- **2009:** Mary DeGrazia, University of Maryland, *Exploration of coping strategies and health behavior motivators in community dwelling HIV positive older adults with chronic co-morbidities.*



The Nurses Charitable Trust - The Trustees in honor of Charlotte's Induction into Florida Nurses Hall of Fame September 24, 2009 Left to right Patricia R. Messmer, PhD, RN-BC, FAAN, Ann Marie Clyatt, RN, BSN, Charlotte Dison, RN, MSN, NEA-BC, Barbara Russell, RN, MPH, BSHSA, CIC, Sande Gracia Jones, PhD, ARNP-BC, ACRN, FAAN, JoAnn Gottlieb, ARNP-BC, PhD and emeriti, Nina Brookins, RN (shown left top), Long-time NCT leader, Undine Sams, RN (shown left bottom)



CHAO HSING YEH, PHD, RN, ANF SCHOLAR

“The ANF grant not only supported my doctoral research, it was instrumental in helping me develop a solid foundation for the research, funding and publications that have followed. It was the impetus for me to choose a research trajectory over a clinical one.”

Yeh taught and conducted research in Taiwan after completing her doctorate in 2009. She has received numerous research grants, conducted many studies and received a number of research honors, including a Fulbright Scholarship in 2006. Yeh has published over 60 peer-reviewed papers in scientific and nursing journals. Yeh focuses her research on children with cancer, including quality of life for children, measurement development, model testing, and symptom management. She relocated to the University of Pittsburgh in August 2009. Yeh’s current research focuses on intervention studies to relieve symptoms associated with pediatric cancer treatment, including an exercise intervention and auricular acupressure.



ANF NURSING RESEARCH GRANT FUNDER HIGHLIGHT MARGRETTA MADDEN STYLES, EDD, RN, FAAN CREDENTIALING FUND

Styles was dedicated to promoting quality in nursing and health care. As the architect of the first comprehensive study of nurse credentialing in the 1970s, Styles recognized the critical importance of credentialing before broad awareness of its value for nursing had been achieved.

Her work had a global impact on the nursing profession. By creating, developing, and implementing standards and credentials for nurses, Styles became a pioneer for recognizing and differentiating quality and advanced knowledge in nursing practice. In the 1980s, she spearheaded the definitive work of the International Council of Nurses (ICN) on nursing regulation. A driving force behind the creation of the American Nurses Credentialing Center (ANCC), she laid the groundwork for expanding nurse certification services and programs in the United States and abroad.

Styles was the only nurse to be president of the ANA, the ICN, the California Board of Registered Nursing, and ANCC. Styles was dean and professor of the University of Texas School of Nursing, San Antonio; Wayne State University, Detroit; and the University of California, San Francisco. She was the author of several books and articles on socialization and professionalism.

A recipient of eight honorary doctorates from universities in the United States, Canada, and Greece, as well as numerous other awards from academic and professional organizations, Styles was also a fellow of the American Academy of Nursing, the Institute of Medicine, and the Royal College of Nursing of the United Kingdom. In May 2005, ICN recognized her for her worldwide contributions with the award of the Christiane Reimann Prize, the profession’s most prestigious international honor.

Why is credentialing research important? Credentialing research in nursing addresses many questions encompassing licensure, certification, accreditation, and other formal recognition programs. The area provides numerous opportunities for scholarly inquiry, such as studies that examine how credentialing standards and credentialing processes link to nursing competence, professional practice, patient satisfaction, patient care and safety, and the overall success of health care providers and organizations in meeting their goals for protecting the public.

What is the Margretta Madden Styles Credentialing Fund? ANCC has sponsored research grants to scholars investigating the relationship of credentialing in nursing to quality outcomes in health care since 2002 to stimulate and support research on the impact of credentialing processes in nursing for consumers, health care employers and employees, policymakers, nurses, and the nursing profession. The current award amount is \$25,000 and is awarded through ANF.

Your Impact on Lives

2009 Institute of Medicine Scholar-in-Residence



JULIE FAIRMAN, PHD, RN, FAAN

“I have been honored to take part in the scholar-in-residence program at a very critical time for the nursing profession, especially with the opportunity provided by the IOM Initiative on the Future of Nursing. I believe that historical research should be a key informant to the work of the Commission; history provides the foundation to address the important strategic issues of our times. Enduring problems such as the nurse shortage, the shape of nursing education and the care of indigent and chronically ill populations are rooted in the history of health care particularly the history of nursing. A highly creative meshing of history and policy may provide the innovative strategies necessary to overcome problems present in American health care since the turn of the century.”

Fairman was selected for the 2009-2010 IOM Nurse Scholar-in-Residence Program, which is sponsored by the American Academy of Nurses (AAN), ANA, and ANF. Fairman is a nurse researcher focused on the history of nursing. She spent the year on a project that dovetailed with her work on a third book manuscript. Fairman is currently a professor of nursing and director of the Barbara Bates Center for the Study of the History of Nursing at the University of Pennsylvania's School of Nursing. Throughout her career, she has worked as a nurse historian whose work on the history of 20th century health care represents a 10-year track record of consistent funding, including fellowships from both the National Library of Medicine and the National Endowment for the Humanities. Her work on the history of critical care earned awards from the American Association of the History of Nursing. Fairman's most recent book is *Making Room in the Clinic: Nurse Practitioners and the Evolution of American Health Care*, followed by *Nurse Practitioners: The Evolution and Future of Advanced Practice*, scheduled for a 2010 release, in which she served as third author. Her first book, *Critical Nursing: A History*, received favorable reviews in the national and regional popular press and from reviewers in professional journals.

IOM/ANA/ANF/AAN SCHOLAR-IN-RESIDENCE PROGRAM

This Scholar-in-Residence program provides a year-long leadership opportunity in health policy at the Institute of Medicine (IOM). ANA/ANF/AAN in partnership with the IOM, support this program. It is designed as an immersion experience to facilitate nurse leaders engaging in a prominent role in health policy development at the national level.

Most Recent IOM/ANF/AAN Scholars

- **Julie Fairman, PhD, RN, FAAN (2009)**
- *The History of Nursing*
- **Mary E. Evans, PhD, RN, FAAN (2008)**
- *Mental health*
- **Carolyn Williams, PhD, RN, FAAN (2007)**
- *Collaboration among health care professionals*
- **Ada Sue Hinshaw, PhD, RN, FAAN (2006)**
- *Nursing research impact on policy*
- **Jackie Campbell, PhD, RN, FAAN (2005)**
- *Violence against women*
- **Veronica Feeg, PhD, RN, FAAN (2004)**
- *Child health*
- **Angela Barron McBride, PhD, RN, FAAN (2003)**
- *Technology*
- **Bonnie Mowinski Jennings, DNSc, RN, FAAN (2002)**
- *Quality and health care*

Your Impact on Lives

Through tax-deductible donations...

You can lead a life that impacts lives by making a tax-deductible donation to the general fund of ANF! Donations to the general fund ensure ANF's ability to expand and increase our impact on lives!

ANF accepts general donations via check and credit card by mail, online, or by phone. Any gift may be made in memory of or in honor of a family member or other loved one. ANF staff would be glad to assist you in choosing an appropriate commemoration for your gift in memory of someone, or in honor of an event such as a birthday, anniversary, or graduation.

HONOR A NURSE RECOGNITION PROGRAM

Whether making a donation by cash, check, or credit card, consider the ANF Honor a Nurse Recognition Program, too. For a minimal donation of \$100 you can give the gift of public recognition for that special nurse in your life. Contact ANF staff for current recognition announcements.



WORKPLACE GIFTS



Do you participate in workplace giving campaigns such as the United Way or the Combined Federal Campaign (CFC)? Then, you can support ANF through payroll deduction by designating number

10550 through either campaign. Please contact your workplace to see when you can participate.

MATCHING GIFTS

Many companies will match their employees' tax-deductible donations one to one. Your donation could have twice as much impact! Contact your human resources office to find out if your company has a matching gift program that could increase your support to ANF!

ONLINE DONATIONS

Go to ANFonline.org to make your tax-deductible donation by Visa, MasterCard, or American Express. It is quick and easy!

STOCKS AND SECURITIES

Stocks and publicly traded securities are easy to give and offer great tax advantages. You can transfer the stock to ANF easily through your broker or via mail. Contact ANF at (301) 628-5227 for more information or to inform us of your stock gift.

VEHICLE DONATIONS

ANF offers free, convenient service for converting that extra car, truck, boat, airplanes, or RV into a tax deductible donation benefiting ANF. You can donate your vehicle online or call (866) 332-1778 to make your donation. Don't donate your car or truck to a charity that you have never heard of. Our trusted service makes sure your vehicle is properly handled so that you get your tax deduction and your charity, ANF, gets the benefit of your donation.

NURSES ROCK THE FOUNDATION CAMPAIGN

Nurses Rock at ANF! The Rock the Foundation ANF Endowment operates as a permanent savings account, providing a reliable source of income and allowing ANF to continue to offer nurses opportunities through research and education. ANF gives nurses opportunities to conduct valuable research relating to areas such as the following:

- Stress-related high blood pressure
- How diabetes can be monitored to improve the life of someone with diabetes
- Stages of infant development
- Alternatives to the obesity trend



Endowment contributions ensure ANF's future and benefit the foundation forever, while gifts to the Annual Fund allow ANF to focus on meeting our annual needs.

ANF LEGACY WALL

Housed at the ANA headquarters in Silver Spring, MD, the ANF Legacy Wall is viewed by nurses from around the world who attend ANA meetings and conferences or who are visiting the Washington, DC, area. This inspiring display recognizes ANF donors whose contributions to the ANF Annual Fund over the course of their lifetimes, are \$10,000 or more.

Our legacy is to ensure that nurses always have the opportunity to personify the value of compassion; develop more skills to advance the profession; improve communications to promote the public health and better serve patients; and learn techniques to aid the healing process supporting the mission and work of ANF.

LEGACY LEVELS:

- \$100,000 • Personal 8x10 photo
- \$ 75,000 • Platinum panel
- \$ 50,000 • Gold panel
- \$ 25,000 • Silver panel
- \$ 10,000 • Bronze panel

**PLEDGE PLANS ARE
AVAILABLE, CONTACT US
AT 301-628-5227
OR 301-628-5228.**



Completed 2009 Grants

Congratulating ANF Nursing Research Scholars

Upon completion of research, ANF Scholars are required to submit an abstract along with a final narrative report outlining the results of the research. We are proud to list below the recipients and titles of the research grants completed in 2009. All abstracts are available for review.

Nancy M. Albert, PhD, RN
Fat Storage (waist or hips) and knowledge, activity, and sodium and fat diet behaviors in patients
Cleveland Clinic
Virginia Stone, PhD, RN, FAAN/ANF Scholar

Jennifer Field Brown, PhD, PMH-NP/CNS-BC
An Examination of Emergency Department Pediatric Psychiatric Service Structure, Process, and Outcomes
Virginia Commonwealth University
Gloria Smith, PhD, RN, FAAN, Southern Nursing Research Society (SNRS), Virginia Cleland, PhD, RN/ANF Scholar

Sandra A. Founds, PhD, CNM, FNP
Quantitation of Five Genes Differentially Expressed Early in Preeclampsia: Potential Biomarkers
University of Pittsburgh
Eastern Nursing Research Society (ENRS)/Rita Chow & Yaye Togaski-Breitenbach/ANF Scholar

Lorraine Q. Frazier, DSN, RN, NP
Promoting the Cardiovascular and Mental Health of Economically Disadvantaged Women Hospitalized for Acute Coronary Symptoms
The University of Texas Science Center at Houston
Virginia Stone, PhD, RN, FAAN/ANF Scholar

Angela Green, PhD
Adolescents' Quality of Life after Heart Transplant
Arkansas Children's Hospital Research Institute
Southern Nursing Research Society (SNRS)/ANF Scholar

Daurice A. Grossniklaus, MEd, RN
Energy Density of Food Intake of Overweight Adults
Emory University
Dorothy Cornelius, BSN, RN, FAAN/ANF Scholar

Ronald L. Hickman, Jr., PhD, RN, ACNP-BC
Decision Regret in Recipients of Automatic Internal Cardiac Defibrillators
Case Western Reserve University
Eleanor Lambertson, EdD, RN, FAAN/ANF Scholar

Seongkum Heo, PhD, RN
The Impact of Social Support on Self-Care Behaviors and Health-Related Quality of Life in Patients with Heart Failure
University of Kentucky, Lexington
Virginia Stone, PhD, RN, FAAN/ANF Scholar

Leanne L. Lefler, PhD, ACNS-BC, APN
Exploring Self-perceived Cardiac Risk in Older Black and White Women
University of Arkansas for Medical Sciences
Virginia Stone, PhD, RN, FAAN/ANF Scholar

Brenda Luther, PhD, RN
Prevention of Overweight for Children with Physical Disabilities
University of Utah
Sanofi Pasteur/ANF Scholar

Wendy Lewandowski, PhD, APRN-BC
Guided Imagery and Chronic Non-Cancer Pain: Effects on Neuroendocrine and Neuroimmune Functioning
Kent State University
Hyundai Motor America/ANF Scholar

Li-Chen Lin, PhD, RN
A Grounded Theory of Filipino Nurses' Role Performance in US Hospitals
The University of Texas at Austin
Commission on Graduates of Foreign Nursing Schools (CGFNS Int'l)/ANF Scholar

Catherine G. Ling, MN, FNP-BC
Stepping Forward: Pedometers and People with Class III Obesity
Medical University of South Carolina
Southern Nursing Research Society (SNRS)/ANF Scholar

Ann Malecha, PhD, RN
Preparing the Future Nursing Workforce: A Longitudinal Study Examining Stressors and Nursing Student Success
Texas Woman's University
Dorothy Reilly, EdD, RN, FAAN/ANF Scholar

Kathleen M. McPhaul, PhD
Translating Workplace Violence Research in Practice: A Pilot Study
University of Maryland, Baltimore
AMN Healthcare/ANF Scholar

Francess Nelson, PhD, RN
Frequency, Severity & Distress of Dialysis-related Symptoms Reported by Patients on Hemodialysis
University of Texas Health Science Center
Mary Elizabeth Carnegie, DPA, MA, RN
FAAN/ANF Scholar

Na-Jin Park, PhD, RN
Breast Cancer Risk Factors and Biological Responses in Healthy Premenopausal Women
University of Alabama at Birmingham
Council for the Advancement of Nursing Science (CANS)/ANF Scholar

Bunny Pozehl, PhD, ANP-BC, ACNP-BC
Psychometric Testing of Measures to Estimate Energy Expenditure in Elderly Heart Failure Patients
University of Nebraska Medical Center
Virginia Stone, PhD, RN, FAAN/ANF Scholar

Cynthia L. Renn, PhD, RN
A New Model of Paclitaxel-Induced Allodynia in Mice with Solid Tumor Cancer
University of Maryland, Baltimore
Southern Nursing Research Society (SNRS)/ANF Scholar

Vanessa Althea Thomas Johnson, PhD, RN
Participation of Native Americans and African Americans in Genetic and Genomic Research
University of Oklahoma Health Sciences Center
Mary Elizabeth Carnegie, DPA, MA, RN, FAAN/ANF Scholar

Martha M. Scheckel, PhD, RN
Understanding the Experiences of Patient Education in Rural Hospitals: A Phenomenological Study
Winona State University
Julia Hardy, RN/ANF Scholar

Cynthia Schmidt, PhD, RN
Parental Involvement with Adolescents' Type 1 Diabetes Care Management: Perceptions of Parents and Adolescents
Southern Illinois University Edwardsville
Midwestern Nursing Research Society (MNRS)/ANF Scholar

Sandra L. Siedlecki, PhD, RN
Multi-Site Exploration of Evidence-Based Practice and research Utilization
Cleveland Clinic
Sigma Theta Tau International (STTI)/ANF Scholar

Valmi Sousa, PhD, APRN-BC
An Instrument to Measure Perception of Risk Factors for T2DM
The University of Kansas
Midwestern Nursing Research Society (MNRS)/ANF Scholar

Jaynelle F. Stichler, DNSc, RN, FACHE, FAAN
Understanding Workplace Stress Experienced by Nurse Managers
San Diego State University
Sayre Memorial Fund/ANF Scholar

Elizabeth A. Swanson, PhD, RN
Comparison of Selected Outcomes Based on Teaching Strategies that Promote Active Learning
University of Iowa
Dorothy Reilly, EdD, RN, FAAN/ANF Scholar

Roberta Waite, EdD, CS
Gaining Insight about ADHD among Young Adults
Drexel University
Gloria Smith, PhD, RN, FAAN/ANF Scholar

[continued on next page...](#)

Completed 2009 Grants

continued from previous page

Andrea S. Wallace, PhD, ND, APRN-BC
Associations between Patient Perceived Self-Care Management Support and Diabetes Outcomes
University of North Carolina at Chapel Hill
Anne Zimmerman, RN, FAAN/ANF Scholar

Allison R. Webel, BSN, RN
Testing a Peer-Based Symptom Management Intervention in Women with HIV/AIDS
The University of California, San Francisco
Western Institute of Nursing (WIN)/ANF Scholar

Margaret Wilmoth, PhD, RN
The Experience of Ovarian Cancer Patients related to Sexuality
The University of North Carolina at Charlotte
Jean E. Johnson, PhD, RN, FAAN/ANF Scholar

Wendy L. Woith, PhD, RN
Health Care Workers' Knowledge of Tuberculosis and Infection Control in Russia
Mennonite College of Nursing at Illinois State University
Virginia S. Cleland, PhD, RN/ANF Scholar

ANF Scholars Impacting Lives

Celebrating ANF Scholars in Nursing Research

ANF applauds the recipients of the 2009 Nursing Research Grants (NRG). The work of these respected scholars in pursuing research and education that promotes the public health is at the heart of ANF's mission. ANF is grateful for the generosity of funders during the last 55 years who have made it possible to award more than \$4 million to nearly 1,000 beginning and experienced nurse researchers.

Arax Balian, PhD, RN
Maternal and Child Influences on School-age Children's Milk and Soft Drink Intake
Case Western Reserve University
Sanofi Pasteur/ANF Scholar

Susan Blaakman, MS, PMHNP-BC
Self-Determination Theory and Caregiver Smoking Bans for Asthmatic Children
University of Rochester
ANA Presidential/ANF Scholar

Lauren Matukaitis Broyles, PhD, RN
Patient Acceptability of Nurse-Delivered Alcohol Screening, Brief Intervention, and Referral in the Inpatient General Medical Setting
Center for Health Equity Research & Promotion, VA Pittsburgh Healthcare System
Council for the Advancement of Nursing Science (CANS)/ANF Scholar

Bonnie S. Dean, PhD, RN
Evaluation of the Synergy Model-Simulation Appraisal Tool (SM-SAT)
Duquesne University
Anne Zimmerman, RN/ANF Scholar

Mary DeGrazia, MS, RN, ACRN
Exploration of Coping Strategies and Health Behavior Motivators in Community Dwelling HIV Positive Older Adults with Chronic Comorbidities
University of Maryland
Nurses Charitable Trust of Greater Miami/
ANF Scholar

Amany A. Farag, PhD, RN
Keeping Patients Safe: Impact of Leadership Style, Unit Climate and Safety Climate on Safe Medication Administration Practices and Medication Errors Reporting
Case Western Reserve University
Margretta Madden Styles, PhD, RN, FAAN
Credentialing/ANF Scholar

Gordon Lee Gillespie, PhD, RN, PHCNS-BC
Proactive Coping and Traumatic Stress Symptomatology in U. S. Emergency Nurses
University of Cincinnati
Midwest Nursing Research Society (MNRS)/ANF Scholar

Allyssa L. Harris, PhD, RN, WHNP-BC
Parental Influences of Sexual Risk Among Urban African American Adolescent Males
Boston College
Association of Nurse in AIDS Care (ANAC)/
Mary Elizabeth Carnegie, DPA, MA, RN,
FAAN/ANF Scholar

Tondi Harrison, PhD, RN
A Follow-Up Study of Autonomic Nervous System Functioning in 3-Year Old Children with Surgically Corrected Transposition
Regents of the University of Minnesota
Sanofi Pasteur/ANF Scholar

Laurie Beth Hartjes, MS, PNP-BC
Development and Evaluation of an Innovative Malaria-Risk Reduction Tool for Travelers
University of Wisconsin-Madison
Sigma Theta Tau/Hugoton Foundation /
ANF Scholar

Nancy Ho, MSN
Diabetes and Neurobehavioral Complications: The Role of Hippocampal Neurogenesis
University of Pennsylvania
Eastern Nursing Research Society (ENRS)/
ANF Scholar

Lee A. Schmidt, PhD, RN
Registered Nurses Watching Over Their Patients: Testing a Theoretical Model
Loyola University
Southern Nursing Research Society (SNRS)/ANF Scholar

Nancy Stagers, PhD, RN, FAAN
Determining Nurses' Cognitive Support for Change of Shift Report
University of Utah
Western Institute of Nursing (WIN)/
ANF Scholar

Lauren Thorngate, CCRN, RN
Opioid Effect on Premature Infant Brain Function Measured by Limited Channel EEG
University of Washington
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Nursing Research Review Committee

In August 2009, the ANF Nursing Research Review Committee (NRRC) held its second successful two-day conference call. The NRRC reviewed the applications and awarded 14 grants to beginning and experienced nurse researchers. ANF applauds the members of the NRRC who made this process seamless. Their expertise adds to the prestige of the ANF Scholarship.

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The Nursing Research Grants (NRG) Program's expanded committee of reviewers gives ANF the opportunity to have each application reviewed by three experts in all areas nursing research. ANF thanks the NRGR members who have added depth to the NRG process.

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In 2009, the Beldon Fund gave the ANA the opportunity to engage in the following projects:

Biomonitoring Study:

Partially funded by Beldon, ANA's Center for Occupational and Environmental Health (COEH) collaborated with Physicians for Social Responsibility (PSR), Health Care Without Harm, and the State Alliance for Federal Reform of Chemicals Policy (SAFER) states to conduct a biomonitoring project to determine the body burden of eight chemicals in nurses and physicians. Testing was done to identify the presence in their bodies of select chemicals including triclosan, bisphenol A, polybrominated phenylethers, phthalates, pesticides, mercury, lead, and perfluorocarbons. The chemicals chosen are those that health care professionals are most likely exposed.

In total, nine nurses and 11 physicians were selected to participate in the study, agreeing to become spokespersons on the issue of "body burden" and related chemical exposure issues. All participants received media training on chemical policy and chemical reform to prepare them for this role.

Results of the project were reported on May 18, 2009, at Clean Med 2009 in Chicago, Ill., during a pre-conference session entitled "Health Care Providers and Environmental Exposures: We Live and Learn."

The report may be found on ANA's web site at www.nursingworld.org/MainMenuCategories/OccupationalandEnvironmental/environmentalhealth/Hazardous-Chemicals-in-Health-Care-Report.aspx

American Nurses Advocacy Institute:

In October 2009, ANA launched the first American Nurses Advocacy Institute (ANAI) designed to prepare a cadre of nurses as frontline champions to advance nursing and health-related policy changes at the local, state and federal levels. Of the 25 ANA members admitted to this year-long mentored program, five were awarded scholarships to support their attendance, thus enabling them to advance a chemical policy initiative within their state.

Chemicals Policy Reform:

As part of ANA's chemical policy reform, the Beldon grant funded position of ANA Environmental Health Liaison, supported ANA government affairs work at the state and federal levels. ANA has represented the voice of health professionals in meetings with key legislators and top ranking Environmental Protection Agency officials, including Administrator Lisa Jackson, outlining the Safer Chemicals Healthy Families (SCHF) coalition platform for Toxic Substances Control Act (TSCA) reform. While awaiting federal reform, ANA has worked with state nurses associations and related coalitions in the advancement of chemical policy reform. Most successful at the state level has been that of banning and seeking safer alternatives of such chemicals as Bisphenol A (BPA), a chemical used to make polycarbonate plastic. Most Americans are exposed to BPA on a daily basis as it is widely used in everyday products such as water bottles, baby bottles, pacifiers, plastic utensils, toys, and certain microwaveable containers. A multitude of laboratory studies indicate that BPA is an endocrine (hormone) disruptor at very low doses and is subsequently suspected of causing reproductive damage and birth defects that may lead to prostate and breast cancer and other chronic diseases. These health effects have been associated at exposure levels measured in pregnant women and the fetus.

Mini-Grants:

ANA government affairs extended its chemical policy reform campaign by awarding mini grants to seven constituent member (state nurses) associations (CMAs): Alabama, Connecticut, Delaware, New Jersey, Oregon, Pennsylvania, and Rhode Island, providing additional resources specifically dedicated to chemicals policy issues and related activities (education, outreach, and briefings). Staff offered monthly conference calls as well as weekly group e-mail communications, and advocacy tool kits to facilitate advancement of the work in the states.

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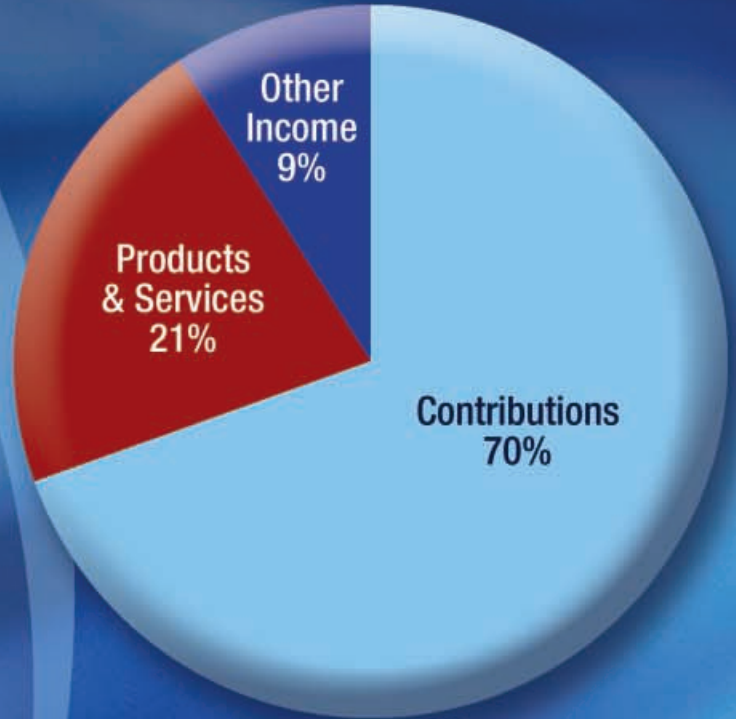
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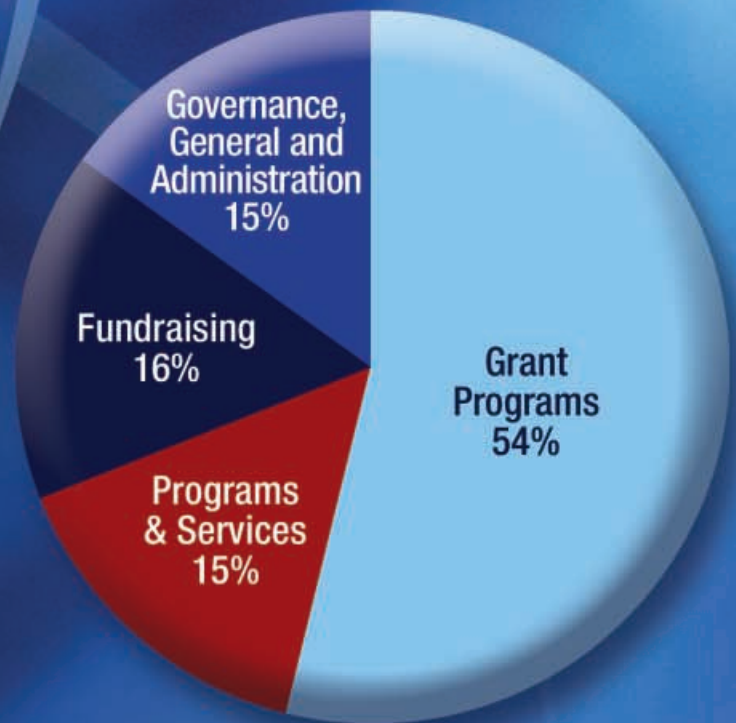
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